

Taking action for the ocean



Introduction

Choose a pledge and then write it on one of the pledge cards on the next sheet. You could paint a branch reddish brown to look like coral and hang your pledges all together.

A healthy ocean is...		
Stable	Clean	Diverse
What is happening...		
Increased CO ₂ in the atmosphere leads to the ocean warming and the ocean chemistry changing. This harms lots of different life that need stable conditions.	Pollution can take many forms, from chemicals to rubbish, like plastic. Plastic pollution has been found all through the ocean and can smother animals or be confused for food.	Diversity is important in the ocean. This means not just lots of living things, but lots of different kinds of living things. Overfishing is the main cause diversity loss in the ocean.
What we can do...		
Eat more plants Try meat free meals once or twice a week. Plant-based diets have far fewer carbon emissions on average.	Bring a bottle Using a reusable water bottle reduces plastic pollution. Tap water in many places can be healthier too.	Fewer fish Fish can be a good source of protein, but there are other ways to get this such as beans and nuts.
Walk or bike to school Walking and cycling emits less carbon than using a car or bus.	Take a bag Taking your own bag with you means that you can refuse single-use bags.	Sustainable fish Look for a sign on fish that says its caught without damaging the ocean.
Kill the vampires Leaving devices on standby can use lots of electricity, like blood-suckers.	Say no to gum Chewing gum is made from plastic. Chewing less gum is a simple way to cut plastics.	Tell your friends The ocean needs lots of different animals and lots of people sharing how to help.

Ocean pledge cards

