

Caring for the Arctic Pledge ideas



Caring for the Arctic is a job for all of us. If we reduce our impact on the planet overall, we will be helping this fragile and beautiful part of the world.

The first page of this Student Sheet explains how different parts of our lives can have an impact on the Arctic. The second page lists some pledge ideas, or you could come up with your own.

When you have chosen your Arctic pledge, write it on one of the pledge cards and share it with your class.

Capture carbon

- There is enough 'spare' land to plant another 1 trillion trees on the planet!
- This is one of the cheapest and easiest ways of capturing carbon from the atmosphere.

Reducing waste

- 50 million tonnes of electronic waste are produced globally each year.
- 16% of home electricity use in the UK is wasted by leaving items on standby.

Travel greener

- Transport is one of the major contributions to global carbon emissions (27% of emissions in the UK).

Think about how you eat

- Going vegan could reduce the amount of farmland needed by 75% globally.
- Also, there are 9.5 million tonnes of food waste in the UK each year.

Spread the word

- Multiply the impact of your work to care for the Arctic by involving others to help.

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Capture carbon

- ✓ I will plant a tree at home.
- ✓ I will ask my school if we can plant trees.
- ✓ I will support a tree planting charity.

Reducing waste

- ✓ I will take my own water bottle with me every day.
- ✓ I will make sure that I fix the next electronic device that breaks instead of buying a new one.
- ✓ I will not leave any electronics on standby.
- ✓ I will switch off the lights if I am not in the room.

Travel greener

- ✓ I will travel to school by bike or walking.
- ✓ I will not drive anywhere that can be walked in less than 20 minutes.
- ✓ I will car share with my friends to school and back.

Think about how you eat

- ✓ I will only eat meat twice a week.
- ✓ I will eat a plant-based diet.
- ✓ I will learn some recipes to use up leftovers.
- ✓ I will not eat meat, dairy, or fish on Mondays.

Spread the word

- ✓ I will tell five more people about what is happening in the Arctic and what we can do to care for it.
- ✓ I will organise a school assembly to share what I have learned about the Arctic with other classes.
- ✓ I will organise a meeting with the headteacher to ask what the whole school will do to help the Arctic.
- ✓ I will write to my local council or politician to ask what is being done on a local or national basis.